

Fast Food Nutrition Facts Spreadsheet and Chart



The Assignment:

- A) You are going to plan a meal with a burger, sandwich or salad, along with a side order of French fries or other item(s) of your choice.
- B) You also need to add a drink and a dessert to your meal.
- C) For each item you choose, you will enter the calories and the amount of fat calories into your spreadsheet.

You can choose any fast food restaurant you like for your planned meal (McDonalds, Burger King, Jack in the Box, Wendy's, Subway, Taco Bell, Carl's Jr. etc.)

Search the internet for your chosen restaurant's nutrition information.

Requirements:

- 1) Create a spreadsheet similar to the finished example shown.
- 2) Enter your meal choices in column A.
- 3) Enter calories in column B.
- 4) Enter fat calories in column C.
- 5) Use a simple subtraction formula (column B minus column C) to calculate the non-fat calories for column D.
- 6) Use a simple division formula to calculate percentage of fat calories in column E. (column C divided by column B).
- 7) Create a chart comparing calories and fat calories.
- 8) Add another chart illustrating the top 3 items percentage of fat calories.

You should format your spreadsheet with a title, different fonts, colors, and sizes for improved clarity and appearance.

